

Family Futures, Inc.

Healthy Pregnancies Healthy Babies Healthy Families Healthy Community

Our mission is to provide ongoing and crisis support services to pregnant women and families with young children to enhance their health and well-being.

Qualified Home Visiting Support

- Friendly listening, encouragement and practical support
- Pre and Post Natal support services and information
- Milk Coupons and Vitamin Supplements for pregnant and post natal women to promote good nutrition
- Qualified Dietitian support
- Breast-feeding support and education
- Information and support to cope with personal or family issues
- Assistance in accessing other community and government agencies and services

Group Support & Education

A variety of weekly program are offered that provide peer support, education and information. Transportation and childcare are provided for those attending sessions.



Other Services

- Donated Maternity clothing depot
- Donated Children's clothing from sizes 0 to 10
- Emergency supplies
- Laundry access by appointment
- Information and learning resources

Licensed Child Care Centre's

Family Futures Child Care Centre
196 – 9th Street East
7:30 am to 5:30 pm
Monday to Friday
Ages 6 weeks to 5 years
Director: 306-763-2229

Family Futures Riverside Child Care Centre
Riverside Community School
511 – 5th Avenue East
7:30 to 5:30
Monday to Friday
Ages 6 weeks to 12 years
Director: 306-763-0728

Family Futures King George Child Care Centre
King George Community School
421 – 23rd Street East
7:30 to 5:30
Monday to Friday
Ages 2 ½ to 12 years
Director: 306-763-2229
Centre: 306-930-7511

Family Futures, Inc.

Family Futures, Inc has been serving our community since 1994. We are a registered, non profit, charitable agency dedicated to providing support services to pregnant women and families with small children to enhance and support their health and well-being.

Funding for our program is provided from a variety of sources. Community donations are welcomed.

Our major sponsors are:



Canada Prenatal Nutrition Program,
Public Health Agency of Canada



Community Action Program for
Children, Public Health Agency of
Canada



KidsFirst, Prince Albert

Early Learning and Child Care Branch,
Prince Albert Regional Office,
Ministry of Education,
Government of Saskatchewan



Are you a pregnant woman in need of support?

We will work with you to build a
better future for you, your
children, your family and our
community



**Please call 306-763-0760
For more information**

Support is free and confidential

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Healthy Pregnancies

Healthy Babies

Healthy Families

Healthy Community

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